

## SCHOOL MENU WEEK THREE - WEEK COMMENCING 4 DECEMBER 2023



	A	B	C	D	P	FR
<b>MONDAY</b>	Battered Fish with Chips & Mushy Peas <i>G (wheat).F</i>	Mediterranean Pasta Bake with Mixed Veg <i>G (wheat).M</i>	Jacket Potato with cheese & beans <i>M</i> Ham Sandwich <i>G (wheat).SB</i>		Decorated Sponge <i>G (wheat).E</i> or Selection of fresh fruit	
<b>TUESDAY</b>	Pork meatballs in a spicy tomato sauce with pasta spirals and sweetcorn <i>G (wheat).M</i>	Quorn Curry with Rice & Mixed Veg <i>M.G (wheat).E*</i>	Jacket Potato with cheese & beans <i>M</i> Cheese Sandwich <i>G (wheat).M.SB</i>		Ashleigh Biscuit <i>G (wheat &amp; semolina)</i> or Selection of fresh fruit	
<b>WEDNESDAY</b>	Sausage & Mash with Carrots and Gravy <i>G (wheat)</i> <i>SB.SD.C.E*.MU*</i>	Tomato & Herb Pasta with Quorn Sausage <i>G (wheat).M</i>	Jacket Potato with cheese & beans <i>M</i> Tuna Mayo Sandwich <i>F.SB.E.G (wheat)</i>		Flap Jack <i>G (oats)</i> or Selection of fresh fruit	
<b>THURSDAY</b> <i>Christmas Lunch</i>	Roast Turkey, Creamed & Roast Potatoes with Carrots, Peas, Gravy & Pigs in Blanket <i>G(wheat).M.E*.C.SB*.MU*.SD</i>	Quorn Fillet, Creamed & Roast Potatoes with Carrots, Peas & Gravy <i>G(wheat).M.E.C.SB*.MU*</i>	<b>MERRY CHRISTMAS</b>		Christmas Ice-Cream with a Christmas Tree Biscuit & Fruit Juice <i>G(wheat).SB.M</i>	
<b>FRIDAY</b>	Chicken Wrap with Potato Waffles & Sweetcorn <i>G (wheat)</i>	Cheese & Tomato Pizza with Potato Waffles & Beans <i>G (wheat).M.SB</i>	Jacket Potato with cheese & beans <i>M</i> Cheese Sandwich <i>G (wheat).M.SB</i>		<i>M</i> Mousse or Selection of fresh fruit	

*Also available fresh bread, fresh fruit & salad with milk or water*

*\* May contain*

**Allergen abbreviations:**

Cereal (gluten) – G

Fish – F

Nuts – N

Sulphur Dioxide – SD

Crustaceans – CT

Peanuts – PN

Celery – C

Lupin – L

Eggs – E

Soybeans – SB

Mustard – MU

Molluscs – MO

Sesame – S

Milk – M

*C= Jacket Potato choice & D = Sandwich choice (allergens are the same for both options)*

*P = Pudding & FR = Fruit*