

**SCHOOL MENU WEEK ONE - WEEK COMMENCING 6<sup>th</sup> MAY 2024**

	A	B	C	D	P	FR
<b>MONDAY</b>	<b>BANK HOLIDAY</b>					
<b>TUESDAY</b>	Sea Stars with Chips & Beans  <i>G(wheat).F.SB</i>	Pasta with tomato & herby sauce with broccoli  <i>G(wheat).M</i>	Jacket Potato with cheese & beans  <i>M</i> Cheese Sandwich <i>SB.G(wheat).M</i>		Ashleigh Biscuit <i>G(wheat)</i>  or Selection of fresh fruit	
<b>WEDNESDAY</b> <b>Sugar Free Day</b>	Sausage & Mash with carrots & gravy <i>G(wheat).M.C.E*.SB*.MU*</i> SD	Cheese Flan with Boiled Potatoes & Beans <i>G(wheat).M.E</i>	Jacket Potato with cheese & beans  <i>M</i> Tuna Mayo Sandwich <i>F.SB.E.G(wheat)</i>		Fresh fruit salad  or Low fat fruity yogurt <i>M</i>	
<b>THURSDAY</b>	Quorn Curry & Boiled Rice with Mixed Veg <i>E.M.G(wheat)</i>	Macaroni Cheese with peas & carrots  <i>G(wheat).M</i>	Jacket Potato with cheese & beans  <i>M</i> Ham Sandwich <i>G(wheat).SB</i>		Raspberry Bun <i>G(wheat).E.SD</i>  or Selection of fresh fruit	
<b>FRIDAY</b>	Beef Burger in a Bun with Wedges & Sweetcorn  <i>G(wheat).SB</i>	Quorn Burger in a Bun with Wedges & Sweetcorn <i>G(wheat).E.SB</i>	Jacket Potato with cheese & beans  <i>M</i> Cheese Sandwich <i>SB.G(wheat).M</i>		Lemon Drizzle Cake <i>G(wheat).E</i>  Or Selection of fresh fruit	

*Also available fresh bread, fresh fruit & salad with milk or water*

*\* May contain*

**Allergen abbreviations:**

**Cereal (gluten) – G**  
**Lupin – L**

**Fish – F**  
**Eggs – E**

**Nuts – N**  
**Soybeans – SB**

**Sulphur Dioxide – SD**  
**Mustard – MU**

**Crustaceans – CT**  
**Molluscs – MO**

**Peanuts – PN**  
**Sesame – S**

**Celery – C**  
**Milk – M**

*C= Jacket Potato choice & D= Sandwich choice (allergens are the same for both options)*

*P = Pudding & FR = Fruit*